# CIVIL AND ENVIRONMENTAL



## ENGINEERING

### Office Resources and Strategies for Academic Success

Being successful in college requires the ability to learn effectively in a variety of learning contexts and to demonstrate what you have learned.

Take a reasonable course load. Be realistic about the number and difficulty of courses you can handle given your other responsibilities. Either register for fewer courses or reduce your responsibilities. Remember, you can discuss an appropriate course load for you with your academic advisor.

Attend class and take notes, even if attendance is not mandatory. Instructors often test material that is not necessarily covered in the book. Missing class means missing valuable information that you will need to know in order to do well on exams. In addition, listening to the professor and taking notes reinforces what you are reading outside of class.

#### Take Notes (and use them)

- Try using a mind map to organize study notes. A mind map represents topics, subtopics, words, ideas, concepts, and tasks.
- Try the Cornell Note taking method (check out the pdf at <a href="http://lsc.cornell.edu/study-skills/cornell-note-taking-system/">http://lsc.cornell.edu/study-skills/cornell-note-taking-system/</a>)
- Try taking notes in a rough outline form
- Try tracing over your notes
- Other note-taking methods and ideas <u>https://sites.google.com/site/notetakingandstudyskills/note-taking-methods</u>

#### **Career Center**

Lory Student Center, 491- 5707 http://career.colostate.edu/

The Career Center offers workshops and individual counseling in career exploration and planning. By using the Career Center, students are better able to make effective career decisions.

#### Office of Financial Aid

103 Centennial Hall, 491-6321 <a href="http://sfs.colostate.edu/">http://sfs.colostate.edu/</a> Student Financial Services provides information about financial aid and scholarship opportunities available to students. They also provide assistance with billing, student employment and tuition classification status.

Learning Assistance (CSU Health Network)
Hartshorn Health Services, 491-4693
<a href="http://health.colostate.edu/resources/learning-assistance/">http://health.colostate.edu/resources/learning-assistance/</a>

Learning disorders are real and they affect the brain's ability to receive, process, store, respond to, and communicate information. Learning Assistance provides assessment of learning differences and study skills coaching.

#### **University Counseling Center (CSU Health Network)**

Hartshorn Health Services, 491-6053

http://health.colostate.edu/services/counselingservices/

The University Counseling Center helps students achieve a satisfying growth experience during their time at the university. They offer counseling services, academic services, testing for learning disabilities, outreach, and prevention and substance abuse services.

#### **Resources for Disabled Students (RDS)**

Hartshorn Health Services, 491-6385 http://rds.colostate.edu/home

RDS provides support for students with both permanent and temporary limitations and chronic illness/health conditions (physical and mental health). If you are having trouble paying attention during tests, finishing tests during the allotted time, or showing what you believe you know on tests, RDS may be able to help you. The staff members with RDS are strong advocates for students.



#### **Student Resolution Center (SRC)**

Suite A, Aggie Village-Walnut Hall, 501 West Lake Street, 491-7165

#### https://resolutioncenter.colostate.edu

SRC aims to assist, educate and support CSU students through two processes (1) Conflict Resolution – voluntary, neutral, confidential process to assist students when conflicts, disputes or issues arise and (2) Student Conduct – one-on-one meetings to discuss alleged violations of the Student Conduct Code, hear student perspectives, explore personal responsibility, hold students accountable and provide educational and restorative outcomes when appropriate.

#### **Off-Campus Life**

142 Lory Student Center, 491-2248

http://ocssral.colostate.edu

Off-Campus Life assists students with living arrangements, transitions to living off-campus, and legal services associated with housing, employment, family, and other topics.

#### **International Student and Scholar Services (ISSS)**

Laurel Hall, 491-5917 <a href="http://isss.colostate.edu/">http://isss.colostate.edu/</a>
This office assists international students with problems they might face adjusting to a new culture. They provide counseling on immigration laws, housing, social events in the area, admissions and financial aid requirements at Colorado State University.

#### **Collaborative for Student Achievement (CSA)**

Located on 1st floor of TILT (soon moving to stadium) 491-7095

http://studentachievement.colostate.edu/

Student Achievement assists with major exploration and counseling regarding course and university withdrawals. They also have outreach and support programs.

DAY (Drugs, Alcohol and You) Program (CSU Health Network) Hartshorn Health Services, 491-4693, <a href="http://health.colostate.edu/resources/alcohol-other-drugs/">http://health.colostate.edu/resources/alcohol-other-drugs/</a>

http://health.colostate.edu/services/counselingservices/drugs-alcohol-and-you-day-programs/

The DAY Programs office consists of a wide spectrum of services designed to meet the needs of students who are facing issues related to alcohol and drug use.

# Adult Learner and Veteran Services (ALVS)

228 Lory Student Center, 491-3977

http://alvs.colostate.edu/

ALVS supports increased academic achievement and holistic development for all adult learners, including but not limited to veterans and student parents.

#### **College of Engineering Student Organizations**

We encourage all of our students to get involved! Students who get involved in engineering student organizations tend to be stronger academically. They connect with students in their own classes, upperclassmen, and potential employers. Organizations many CEE students are involved in with: American Society of Civil Engineers, Environmental Engineering Society, Engineers Without Borders, Society of Women Engineers, National Society of Black Engineers, Society of Hispanic Professional Engineers.

Have questions or don't know where to start? Come see Susheela Mallipudi (<a href="mailto:susheela.mallipudi@colostate.edu">susheela.mallipudi@colostate.edu</a>) in Room A201C, Engineering Building (in the main Civil & Environmental Engineering office) to be connected to resources!

