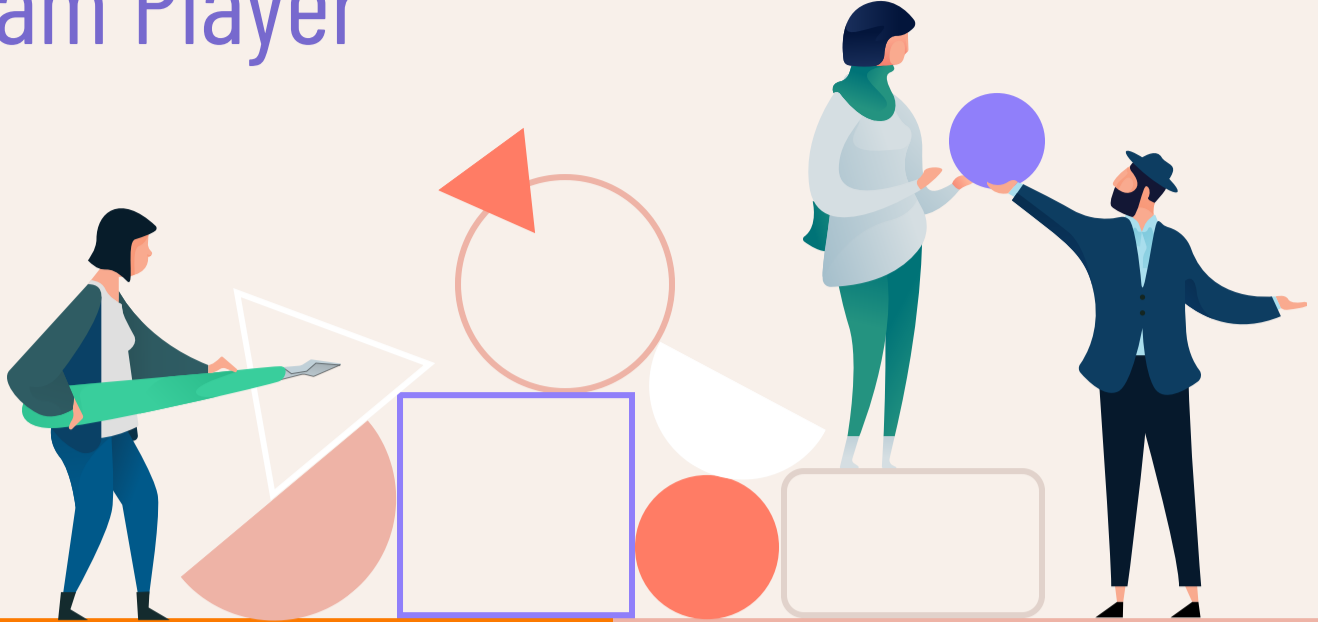


# How to Be a Better Team Player



## WHAT

Being a team player means you actively contribute to the success of a group, listen and respect coworkers and ideas, and aim to achieve and improve the products or processes being worked on. Some characteristics of good team players include knowing your role, welcome collaboration, accountability, flexibility, positivity, and commitment to the team.

## WHY

A workplace is only successful when there is a strong foundation of teamwork. Developing and improving teamwork skills is invaluable across all industries, and will lead to both personal and organizational growth and success.

## HOW

### OFFER HELP

Find ways to productively support teammates when they need it, and also know when to ask for help when the roles are reversed.

### ACTIVELY LISTEN

Prioritize listening to understand instead of listening to respond. Respect the voices of others and be thoughtful when responding.

### COMMUNICATE

Be transparent about successes and failures, progress and bottle-necks, and avoid having the same work being repeated.

### RESPECT OTHERS

Each team member is an individual, respect that they have their own workflows, values, and roles. Work together and celebrate diversity in thought instead of looking for conformity.

### BE A PROBLEM SOLVER

Take prompt action when problems arise and genuinely solve them by addressing the root of the problem instead of superficially applying temporary fixes.

### CELEBRATE SUCCESS

The team only succeeds when everyone succeeds. Find reasons to celebrate each other's successes and be deliberate about both the working and personal relationships among yourself and team members.