

# How to Prepare for a Virtual 1-on-1 Session

## COMPLETE AND REVISE YOUR HANDSHAKE PROFILE

- Recruiters will likely look over your profile before a session, so it is important to make sure your information highlights your achievements and career experience.

## OUTLINE YOUR ELEVATOR PITCH

- An Elevator Pitch is a brief overview of your background, studies, and career goals.
- It should be between 30-60 seconds.

## PREPARE SOME QUESTIONS

- Ahead of your session, compile a list of thoughtful questions to ask if the opportunity presents itself.
- Here is a link to a list of good questions to ask an employer: [Questions to Ask During Your Virtual Interview - Handshake Blog \(joinhandshake.com\)](https://www.joinhandshake.com/blog/questions-to-ask-during-your-virtual-interview)

## PRACTICE MAKES PERFECT

- You can ask a friend to practice with you by going over some common interview questions.
- You can also practice with the WSCOE Engineering Success Center by setting up an appointment on Handshake.

## SET-UP FOR SUCCESS

- Make sure you have a distraction-free video background.
- Discuss with family or roommates ahead of time to ensure a quiet environment during your session.



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