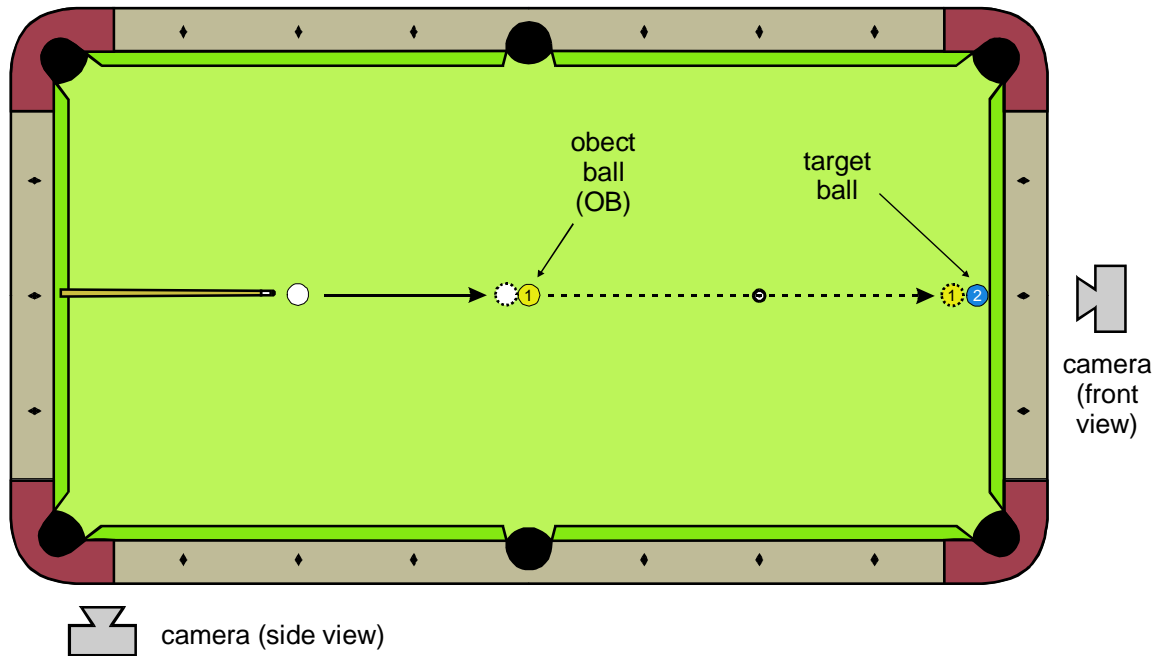


Stroke Video Analysis

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Execute each of the following five shots with the video camera(s) at each position shown:

1. **slow roll** – use “slow-medium” speed and have the CB follow the OB one diamond past the side pocket.
2. **fast follow** – use “fast” speed and have the CB follow the OB at least to the foot rail.
3. **drag stop** – use “medium” speed and have the CB stop in place at the OB.
4. **long draw** – use “fast” speed and have the CB draw back at least to the head rail.
5. **most accurate** – use whatever speed and cue tip position that you think will be most accurate for you.

In 2nd session, do side pocket shots with CB & OB on the table center string:

1. stop shot
2. follow shot with both CB and OB in the same side pocket.
3. draw shot with CB and OB in opposite side pockets.